



BATHROOM BOX

Checklist

Items are linked below

- BATHROOM BASKET
- PERINEAL SPRAY
- WITCH HAZEL PADS
- MAXI PADS (FOR POSTPARTUM)
- DISPOSABLE UNDERWEAR
- STOOL SOFTENERS
- NURSING PADS (REUSABLE ARE GREAT!)
- NIPPLE CREAM
- PERINEAL ICE PACKS
- WATER BOTTLE WITH STRAW
- ESSENTIAL OILS